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...I got the impression you may be worried about making the right decision, or doing the right thing. In fact, of course, there is no 'right' decision or thing to do, nor in any absolute sense is there a 'better' decision or thing to do. Decisions are made according to our accumulations. We can, however, appreciate the importance of having kusala citta at any moment and of developing sati at any moment. Worry is akusala, so is fear, regret and all shades of uncertainty and unease. No doubt you have in mind that you would like to be sure that what you do will be the best for your study and practice of Dhamma (as well as suiting/satisfying other less noble purposes). But how do you know what circumstances may eventuate? How can you make that situation happen? We cannot foresee the long-term course of events that our past kamma will condition as result. In fact we cannot even know the more immediate plans that our kamma has for us. In ignorance we wonder about what will be the result if...? Not realising that next month's or next year's vipāka is the result of action already performed, not the result of today's decisions. We forget the importance of developing understanding of the realities of the present moment. How valuable it is to have just a moment of sati, to see just for a moment a little more clearly one of the realities of this moment. Do you remember the sutta when the Buddha talks about a fingersnap of awareness? We spend a lot of time wondering about what we should be doing, or thinking about what we would like to do, or worrying about what we are not doing, but we have no understanding of what is actually happening at the present moment---seeing, hearing, smelling, tasting, touching and a lot of mind-door activity. The decisions we make are just another moment of thinking, conditioned by our accumulations to do many other things too. Then we may act, but this is quite another moment, with a different moment of intention, and different realities appearing.

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